Bright Horizons.

Support for your adult loved ones

And for you, too.



We all need occasional help balancing work and home. When your parent or adult or senior loved one needs daytime support, *Bright Horizons Back-Up Care*™ is here to help. Your benefit includes access to trusted adult day and senior center care providers.

What is adult day and senior center care?

This type of care provides a safe, supportive environment where adults and seniors (starting at 18 years of age, depending on location) can spend the day engaged, cared for, and connected with others.

What is included in a day of care?

- Expert nursing supervision and care support*
- Assistance with personal care (as needed)
- Nutritious meals and snacks*
- Social, cognitive, and recreational activities
- Opportunities for connection and routine
- Transportation services*

How it can help you:

When you know your loved one is safe and supported, you'll be able to stay focused and less stressed at work — even during busy days and travel. Your benefit is here for you, so you don't have to navigate caregiving alone.

**Available in select locations*

Reserve care

Honeywell
AEROSPACE